

## **Guidelines for writing your reflection paper**

The reflection paper is meant for you to reflect/think about what you have learned and/or experienced so far at AUC (your first few weeks). Typically in a reflection paper there would be answers to questions like “What knowledge have I acquired?”, “What skills have I acquired?”, “What values have I acquired?”...etc. But feel free to express any other thought or feeling. For example, your reflection paper could include the description of a particular experience(s) in your classes, during an extra-curricular activity, or of any encounter that may have left an impression on you (positive or negative). Try to express what you have learned from this experience, the challenges you may have faced (if any) and how you overcame those challenges (if you did).

You are free to express yourself with ease and depth. A reflection paper should be written like an essay and its length should be around 500 words.