The demand for student mentoring services has been growing. Students who have been mentored show an increase in their grade point average or other improvements in performance.

Mentoring Team

Iman Omamy, assistant director
Salma El Shayeb, mentor
Marwa Hussein, mentor

We also provide special services to students who have learning disabilities or other special needs. If you suspect that you may have a learning disability or another form of learning impediment, you may benefit from individual mentoring, where you will be provided with the necessary support and skills to ensure your success.
The mission of the student mentoring unit is to advise, guide and support students, especially those facing academic difficulties, to succeed in their academic endeavors. The unit takes prevention and intervention approaches to serve its function through the provision of regular academic skill-enhancement and emotional intelligence workshops, peer and professional guidance and support, as well as individual sessions assisting students with serious academic challenges that jeopardize their academic status.

What is Mentoring?

- Individual meetings with students to address academic difficulties, design a plan to meet each individual’s unique needs and follow up on progress
- Facilitation of communication as well as meetings with faculty members, parents and other related individuals to ensure a supportive environment
- Online skill assessments, where students may assess their academic skills in various areas and receive individualized feedback regarding possible areas of improvement
- E-mail support service, where students may e-mail their mentoring-related questions to mentor@aucegypt.edu and receive an answer within 72 hours

How Does Mentoring Work?

Who Benefits from Mentoring?

- Students interested in enhancing their academic skills
- Students on academic probation
- Students referred by faculty, staff or academic departments for academic difficulty
- Self-referred students with personal academic concerns
- First-year students to acquire skills necessary for success at the University

Peer Mentoring

Peer mentoring is a service offered to students who wish to be paired with an older, more experienced student for general guidance and support. Peer mentors volunteer their time to help students with their academics and general adjustment to AUC, as well as easing the transition into university-level work and developing skills to overcome academic challenges. The peer mentor maintains regular contact with the student through daily phone calls, e-mails and weekly informal meetings to guide the student in day-to-day activities and university requirements, facilitating successful academic performance.

Academic Skill-Enhancement and Emotional Intelligence Workshops

Since the establishment of the student mentoring unit in Fall 2003, the popularity of the academic skill enhancement and emotional intelligence workshops has been rising. For a complete schedule of the workshops, which are regularly offered during assembly hour, visit: www.aucegypt.edu/studentlife/gethelp/mentor/pages/services.aspx

Topics covered include:
- Study skills
- Concentration and memory improvement
- Motivation and overcoming procrastination
- Self-management
- Teamwork
- Test preparation and improving test performance
- Public speaking and performance anxiety
- Letting go of test anxiety
- Changing habits and self-discovery
- Discovering learning styles
- Note-taking and improving textbook reading comprehension
- Managing emotions
- Developing supportive relationships
- Self-expression in social interactions