

**Office of Student Counseling Mentoring and Conduct
Student Mentoring Unit**

Note-Taking Skills Assessment

Please use the following rating scale in responding to these statements.

1 Never 2 Rarely 3 Sometimes 4 Often 5 Always

1) In class, I usually maintain high concentration.

1 2 3 4 5

2) I make sure to take notes while the professor is lecturing.

1 2 3 4 5

3) I use a note-taking style that helps me understand and remember the information later.

1 2 3 4 5

4) The notes I take in class are meaningful for revision.

1 2 3 4 5

5) I am capable of selecting the important information in the lecture and writing it down.

1 2 3 4 5

6) I pay attention to and take notes on material that is presented visually through power point, projector, or video.

1 2 3 4 5

7) When a concept is difficult, I rephrase it in my own words and write down an example.

1 2 3 4 5

8) I frequently revise the notes I take in class.

1 2 3 4 5

Score Interpretation

36 or above = strong skills

31 – 35 = appear to be adequate

34 – 30 = would benefit from improvement

25 or less = need to improve in order to face difficulties