Common Student Challenges

Managing Your Time

- Create a realistic to-do list and set timed breaks
- Keep a handy schedule of your weekly deadlines and tests
- Wake up early for a fresh start
- Study or notes after every class or two
- Start assignments many days before the due date (will save lots of time and stress later on)

Looking after your Wellbeing

- Purposely take time to do something you like such as reading, playing music, exercising, whatever it is, (DO IT!)
- Get a good night sleep
- Stay positive
- Practice self-forgiveness for unproductive stamina
- Have some healthy snacks handy
- Maintain contact with peers and friends

Staying Engaged

- Turn your camera on in class because it helps keep you focused
- Take notes during class time
- Participate in and initiate discussions
- Email professors with questions
- Stay in contact with the TA

More Resources

Watch Quick Tips for Online Learners
Browse Website for Student Online Learning Success

Quotes from Students

"Trust in yourself, start the work right away don't wait for perfect conditions and take a 5 minute break every 30-40 mins"
- Yasser Elsarrag - Graduating Senior, Construction Engineering

"Always do academic and social engagement."
- Nour Khalil - Sophomore, Business Administration

"Keep in contact with peers and friends (communication can help academically and could help reduce stress and others are sharing your experience)"
- Heidi Aref - Sophomore double majoring in English and Comparative Literature and Communication and Media Arts

Useful Tips

- Pomodoro Technique

Pomodoro Technique

- Efective Note Taking

Effecitive Note Taking

- USeful Tips

Useful Tips

- Quotes from Students

"When I leave my phone out of the room and attend the zoom class without my phone in the room, it just helps me a lot to focus and not get distracted easily."
- Logine Hany - Senior, Business Administration

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Practical Online Learning Tips from Student To Students

Based on personal experience of AUC students

"Learn from yesterday. Live for today, hope for tomorrow."
Albert Einstein

Super Tips!

- Set little attainable goals for yourself (it helps to feel like you've accomplished something)
- Wake up at least 30 minutes before class time
- Don't stress yourself out, enjoy it while it lasts
- Accept the ups and downs of a socially distanced life
- Secure a strong Internet connection ahead of time
- Distinguish between workspaces and spaces for relaxing at home
- Attend the class alone (in a quiet room) and not with friends, this makes you focus so much better
- Silent your phone and keep it out of your reach during class time
- Create a realistic to-do list and set timed breaks
- Keep a handy schedule of your weekly deadlines and tests
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