Swimming pool rules & regulations

Please observe the following rules when using the pool facilities:

1. Swimming is not allowed when the pool is closed.
2. A lifeguard must be present when the pool is in use.
3. The minimum water depth is two meters. All swimmers must be able to swim at least 50 meters without assistance. Lifeguard applicants may require a swim test.
4. Smoking is not allowed inside the pool deck.
5. Food or drinks (other than water in plastic bottles) are not permitted on the pool deck.
6. Access to the pool is through the locker rooms. Please also remember to shower before entering the pool area.
7. Running or horseplay is prohibited on the pool deck.
8. Floats, rafts or other inflatable items and toys are not permitted on the pool deck.
9. Use of the starting blocks is limited to members of the AUC swim team only.
10. Please do not hang on the lane dividers.
11. Appropriate swimming attire is required. Jeans or loose clothing are not permissible in the pool deck area.
12. Adjust your swimming pace to that of others in your lane.
13. The lifeguard is in complete authority and must be obeyed at all times.
14. Children under the age of 16 are not permitted to use any sports facilities without the presence of a parent.
15. It is strictly prohibited for anyone to enter the swimming pool at any time other than the official opening hours.

If you have questions about the rules above or have suggestions on operational matters, please contact the Office of Athletics at athletics@aucegypt.edu.