Aerobics room and Multipurpose room (Martial Arts room)
rules and regulations

1- Appropriate workout attire is required to use the weight room and all other areas of the AUC Sports Center (no jeans, sandals are bare feet permitted for safety reason)
2- If you are observed wearing improper shoes and attire, you will be asked to leave the Sports Center.
3- No Food or Drinks inside the courts
4- Please do not enter the room while classes are in progress.
5- No one is allowed to teach without permission
6- Take off your shoes when you use the mattresses.
7- Equipment may be checked out at the control desk by the locker rooms, ground level, Valid AUC ID required.
8- Failure to follow posted policies may result in forfeit of access privileges to the sports center.
9- Follow requests of AUC Sports Center staff at all times.
10- Do not leave your items anywhere and keep it with you all the time.

Requests and suggestions may be directed to
athletics@aucegypt.edu