The three-year program prepares graduates to provide mental health counseling services to individuals, couples and groups. The primary goal is to develop professional, ethical and reflective practitioners who are skilled in providing counseling services across multiple contexts and populations.

Graduates of our program will be among the first practitioners trained in Egypt and the region to provide culturally sensitive and ethically responsible counseling services to individuals struggling with issues affecting psychological well-being, emotional health and interpersonal success.

**Skills Taught in the Program**

Students in the program are equipped with essential knowledge and skills for competent professional counseling practice with an emphasis on gaining practical training through experiential assignments, practicum and a 600-hour internship.

The coursework is delivered by culturally diverse faculty from the United States, United Kingdom and Egypt. Each professor draws upon their years of experience, knowledge of evidence-based practices and area of expertise when supporting and mentoring students in learning how to work with a wide range of clients (adults, couples and groups) and their respective presenting issues.

Coursework is intended to develop competent and professional practitioners with expertise in:

- Assessing and understanding psychological conditions
- Planning treatment
- Using interventions that work
- Providing individual, couples and group counseling
- Designing and delivering psycho-educational workshops

Students complete practical training placements in a variety of settings, including:

- Hospitals, outpatient clinics and centers and NGOs
- AUC's cutting-edge in-house Psychological Counseling Services and Training Center
Why Counseling Psychology at AUC

• Learn psychological counseling skills in an international setting while earning your degree from an institution with U.S. accreditation and a program that has been active for over 10 years
• Apply as you learn in small class sizes and with ongoing supervision
• Develop your counseling skills further with training opportunities, and learn about working in a professional and ethical setting in our in-house training clinic

Our program follows international guidelines for similar degrees at accredited institutions in the USA to ensure our students receive a high-quality education. The program is accredited by the Supreme Council of Universities.

A thesis is not required for the MA in counseling psychology. However, students may wish to complete a thesis if they want to explore a specific research area or if they are planning to enroll in a PhD program.

Admission

Applications from Egyptian and international students are welcome. New students are enrolled annually for the fall semester, which begins in early September. In general, admission decisions are based on a candidate’s personal statement, previous academic record, experience in community-based settings and letters of recommendation.

Applicants can learn more about how to apply through www.aucegypt.edu/admissions/graduate.

Financial Support

AUC offers financial support options, including need-based financial aid, teaching assistantship positions and fellowships, such as the Tarek Juffali Fellows Program, which is granted exclusively to graduate psychology students.

"This academic experience has equipped me with not only professional skills but, more importantly, the ethics of good practice. This is especially significant in the field of mental health that is beginning to flourish in Egypt. I would also add that the counseling program has helped me develop a good sense of cultural sensitivity and respect for cultural diversity, which is now helping me in my practice."

Reem Deif ’15, ’18, Counseling Psychology MA
Doctoral Candidate in Applied Sciences with Specialization in Global Public Health (Ph.D)

"I came into the counseling program with a background in political science where I studied conflict of interests, wars and survival of the fittest, to find myself falling in love with [the concept of] empathy. To be empathetic to the other person was a priority and fitted perfectly with how I view life."

Najla Nagib ’89, ’14, Counseling Psychology MA
Director of Inside Out Counseling Center

For more information, visit huss.aucegypt.edu/departments/psychology or email psych@aucegypt.edu.